

The Growth of London's Railway Milk Trade, c. 1845-1914

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As a city of over two million inhabitants, mid-nineteenth-century London had to cast its net far and wide to procure the quantity, quality and variety of food it required. Local self-sufficiency had long since withered in response to the expansion and sheer scale of the built-up area, the easing of communication problems with other parts of the country, and the development of efficient supply organization.¹ One foodstuff, however, still came largely from the immediate environs of the city: sufficient liquid milk to meet the requirements of London was produced within a radius of eight or nine miles of the Royal Exchange, and in the early 1850s there were probably over 20,000 cows kept specifically for this supply.²

One might have thought that a potentially promising new form of transport such as the railway would have been exploited with enthusiasm and alacrity by traders in London as a means of importing milk from areas better suited to its production than the cramped and costly urban cowsheds. In fact, the volume of 'railway milk' consumed in the capital grew only slowly for the first 20 or 30 years of its potential availability, and one aim of this paper is to explain the nature of the trade in these early decades. A second aim is to examine the very rapid growth of importation by rail from the 1870s and the revolution in supply structure this entailed. By 1914 the contribution of town milk and road milk had declined to no more than 4 per cent of London's total requirements.

A key factor throughout the period was the highly perishable nature of the milk itself. This was the main reason why milk had been produced in and around the city since time immemorial, and it also accounted in large part for the nature of subsequent changes in supply. In hot weather milk was often sour and therefore unsaleable within a few hours of leaving the cowshed, and this remained a restriction on the location of its production until a way could be found either to reduce the deleterious effect of heat and therefore inhibit the souring process, or to provide a very rapid and suitable means of transport to the place of consumption.

THE CHANGING STATUS OF RAILWAY MILK IN THE LONDON TRADE

It seems that milk was first brought by rail to the capital in 1845 from the Romford and Brentwood districts of Essex.³ Although a few years earlier the farmers in these areas would 'have laughed at the idea of sending their milk to the metropolis', their scepticism must have been overcome by the prospect of lucrative contracts like that finalized between a Romford supplier and St Thomas's Hospital, Southwark, in 1846.⁴ The traffic expanded in the late 1840s and 1850s at a time when London's urban cowkeepers were finding it difficult to keep pace with the requirements of a rapidly growing population, but it was confined to distances of under 20-25 miles.⁵ No special provisions were made for this sort of commodity by the railway companies in practical terms or in rating policy, and country milk became unpopular with dealers in London because the homogenizing vibrations of the poorly sprung railway wagons made setting for cream a lengthy and unrewarding process. (At this time, the abstraction of cream was regarded, along with other forms of adulteration, as a legitimate element in the profitability of the milk trade.)

TABLE I

*The estimated quantity of railway milk imported into London (millions of gallons)**

Date	Mean estimate†	Date	Mean estimate	Date	Mean estimate
1853	0.9	1878	19.6	1897	49.8
		1879	21.5	1898	50.4
1861	1.4	1880	23.8	1899	52.4
1862	1.7	1881	26.0	1900	53.5
1863	1.9	1882	27.3	1901	53.7
1864	2.2	1883	28.4	1902	54.5
1865	3.4	1884	29.6	1903	54.7
1866	7.0	1885	30.7	1904	58.3
1867	6.1	1886	32.4	1905	62.3
1868	7.5	1887	34.4	1906	65.7
1869	8.7	1888	36.4	1907	69.4
1870	9.3	1889	38.6	1908	73.3
1871	10.0	1890	40.5	1909	76.1
1872	11.0	1891	42.1	1910	78.7
1873	12.1	1892	43.4	1911	81.3
1874	12.9	1893	44.7	1912	84.2
1875	14.0	1894	42.4	1913	88.1
1876	15.2	1895	47.0	1914	93.2
1877	17.3	1896	49.2		

* 'London' is defined here as the administrative area of the Metropolitan Board of Works (1855-89) and its successor the London County Council.

† The figure given for each year is the mean of a range of probable quantity estimated from the evidence available. For a full list of the data and sources used see tables 25 and 26 in P. J. Atkins, 'The milk trade of London, c. 1790-1914' (unpublished Ph.D. thesis, University of Cambridge, 1977).

In view of these and other difficulties, the importation by rail of 0.9 million gallons in 1853 (table I) was a considerable achievement to The Eastern Counties Railway (E.C.R.) carried over 90 per cent, and the fanners in South Essex in particular had obviously grasped the potential of the new trade from an early date. By the mid-1850s over 5 per cent of London's total milk supply was being transported by rail, and this proportion continued to increase gradually over the next decade.

In 1865-6 a serious outbreak of rinderpest in London's cowsheds created shortages, and a great deal of accommodation milk was therefore imported by rail. But in 1867, as the emergency receded and demand for this extraordinary supply declined, it seemed that events might bear out a prediction made by J. C. Clutterbuck at the height of the epidemic that 'the carriage by railway from distant dairies will be superseded, and the original condition of the metropolitan milk trade re-established'.⁶ This recession proved to be short-lived, for in the following year imports increased once more, and continued to increase in every year but one (1893-4) in the period up to 1914 (table I). By 1870, 'railway milk' was London's principal single source of supply, and by the mid-or late 1870s it amounted to more than all the other sources combined (table 2).

Clearly, this imported country milk had an important and growing share of the market from about the 1870s, and the circumstances of its supply therefore had important consequences for the way the trade was conducted in London. The following sections examine this growth

and its effects.

TABLE 2
*The sources of London's milk supply (millions of gallons)**

Date	Town milk**	Road milk	Railway milk	Condensed milk†	Total‡
1850	12.0	2.0-3.0	0.8	—	14.8-15.8
1870	8.8	2.2-4.5	7.2-11.5	0.3	18.5-25.1
1890	6.8-8.0	0-0.5	39.3-41.7	4.6	50.7-54.8
1910	2.7	0-0.2	66.9-90.5	10.0-20.0	79.6-113.4

* These estimates are based upon evidence presented in the author's doctoral thesis (Appendix 3, table B).

** Produced within the jurisdiction of the Metropolitan Board of Works and the London County Council.

† Expressed in 'milk equivalent'.

‡ Excluding adulteration and wastage.

THE REMOVAL OF HINDRANCES TO RAILWAY MILK TRANSPORT

When the Great Western Railway (G.W.R.) took its first regular consignment of milk from Maidenhead to London in 1860, the project was ridiculed.⁷ The journey was one of only 24 miles, and if that seemed impracticable to the trade, then the idea of sending thousands of gallons daily from a county such as Derbyshire 'would have been regarded as the dream of a mind diseased'.⁸ This judgment may have been coloured by vested interests in the *status quo*, but several important technical, logistical and psychological factors did make it difficult to visualize a trade sufficiently well organized to ensure the rapid and regular transportation of fresh milk from distant farms to the urban dweller's breakfast table.

Technical factors

Among the factors which made the milk trade 'peculiarly resistant to the railways'⁹ was a lack of railway vehicles suitable for conveying milk over distances of more than a few miles. The goods wagons and parcel vans in general use for this sort of traffic were poorly ventilated, difficult to clean, and badly sprung. Moreover, the milk itself had the inconvenient characteristic of being both bulky and perishable; indeed, for most railway companies it was a minor item in their turnover, yielding little profit and therefore not justifying the expense of building special wagons.¹⁰ Even the Great Eastern Railway (G.E.R.), which as the E.C.R. dominated the nascent London traffic in the 1850s and early 1860s, had by 1874 reserved only seven cars for the exclusive use of milk out of its total merchandise rolling-stock of 10,326 vehicles.¹¹

The introduction of specially designed wagons was deferred until the 1880s and 1890s, and was restricted to lines where consignments were of sufficient scale to guarantee full loads of cans to London and empties back to the country.¹² The innovators tended to be companies such as the G.W.R., whose turnover comprised a relatively high proportion of agricultural items, and whose milk traffic was by then both large and over considerable distances. There was little speculative initiative on the part of other railway companies hoping to encourage new business, and even those changes made were partly in response to pressure from a wholesale trade anxious to improve the quality of its supply. One result was to restrict the amount of country milk brought to London from areas which were suitable for production in all aspects of their cost structure other than in remoteness from the capital or from the nearest

railway station. Moreover, the initial limitation of special wagons to those routes with direct access to established dairying areas started a cumulative process; it encouraged other producers there to enter the milk trade and therefore further stimulated traffic from districts such as the Vales of Aylesbury and White Horse which had been prolific suppliers from the 1860s onwards.

A second technical problem was the primitive design of early railway cans. Design competitions were organized in 1868 and 1879 to improve their durability and construction, but no fundamental changes were made to the traditional conical shape until the early twentieth century.¹³ This shape gave the can a low centre of gravity and made it comparatively easy to roll, but with an average volume of eight 'barn' gallons (136 imperial pints) it was very cumbersome to load into a railway van.¹⁴ These large vessels were rarely full, the average consignment being 13-14 gallons, and the milk was therefore subject to considerable churning on a long journey, no doubt giving rise to the can's ironic misnomer of 'churn'.

No matter how perfect the container or means of transport, it would not have been possible to sustain a long distance traffic without some means of prolonging the life of milk produced in the insanitary conditions of country sheds. The total absence of practical methods of preserving milk in the early years of the railway trade meant that in hot weather there was a high risk of souring on the shortest of journeys. But with the introduction of cooling apparatus in 1872¹⁵ and chemical preservatives a few years later, it became possible for milk to be brought from further afield in even the most unsuitable weather.

The spread of the milk-cooler or 'refrigerator' was a slow process, but its effect upon the milk trade was important. According to one writer in 1889, 'the milk must still have been produced in the immediate neighbourhood of London, had not the method of reducing the temperature ... by means of the refrigerator been discovered'.¹⁶ One major difficulty was the initial cost of the apparatus, which many farmers were reluctant to incur, but a more important drawback in many areas was the absence of cold well or spring water, because the milk could only be cooled to the temperature of the water available. Perhaps the most pressing incentive to the adoption of this innovation came in the 1870s and 1880s when several of the large dairy companies, such as the Aylesbury Dairy Co., insisted upon its use by their suppliers as a contractual obligation.¹⁷

Chemicals had been added to milk from the earliest times in the hope of retarding the souring process, or simply to mask an adulteration. But it was not until the mid-1870s that patent preserving compounds were employed on a large scale in the dairy trade. Borax and boracic acid were popular, particularly for their cheapness, and they dominated the market until the 1890s when the more effective formalin was first used. By 1900 there were about 20 brands of chemical milk preservative on sale.¹⁸ About half the dairymen in London used them, and it was claimed that 'the milk trade as it is at present carried on cannot be carried on without the use of preservatives'.¹⁹ This practice undoubtedly extended beyond the attempts of city wholesalers and retailers to 'save' deteriorating railway milk. The chemicals were particularly useful to farmers located too far from a railway station or halt for two round trips a day to be convenient. One 'meal' could now be kept fresh until it was mixed with the second for joint delivery to the platform, but the result was that some milk was inevitably over 24 hours old before it arrived in London. In 1899 Professor A. W. Blyth estimated that 'in the height of summer I should imagine that quite a third of the milk supply would be spoilt before it reached the metropolis, or when it reached the metropolis, unless some

preservative was used'.²⁰

Railway company policy

The negative attitude of most railway companies to the milk traffic in its early stages may be illustrated in three ways. First, even after the solution of an initial problem of their delayed access to terminal sites in central London,²¹ several companies remained reluctant to grant special facilities for the handling of milk at their stations. A major exception was the G.W.R., which became heavily committed to encouraging the milk trade. Drawing much of its milk from the hinterland of Swindon in Wiltshire, this company found it worthwhile in the 1880s to construct a special milk-halt nearby at Wootton Bassett; in addition, at the London end it spent a considerable amount on special milk platforms at Paddington in 1881, 1890, 1913 and 1923, and at South Lambeth and West Ealing just before the First World War. While several companies allowed cans to be unloaded on their normal 'up' passenger and parcel platforms, in 1913 the G.W.R. opened a platform (no. 12) at Paddington for the exclusive use of its milk traffic.²² Special trains were run straight in daily, in addition to the milk wagons shunted there from mixed trains.

As late as 1890 the Great Western and Great Northern Railways (the latter with its London milk depot at Finsbury Park) were the only companies to provide terminal facilities of this kind. The chaos which accompanied the arrival of milk trains in London's other stations, with crowds of wholesalers attempting to identify and claim the cans of their respective suppliers, was aggravated in the early decades of the country milk trade by the establishment of an *ad hoc* platform market, where small lots were decanted from can to can and sold to retailers and itinerant traders. This practice increased the risk of contamination and reduced the efficiency of the platform as a collection point.

A second disadvantage of the early railway milk traffic was the reluctance of the railway companies to make special provision for it in their timetables. Milk cans were forwarded in ordinary passenger trains which of course had to stop at many stations on their journey, and this did not enhance the chances of the milk reaching its destination unsoured. The risk was even greater for milk sent from branchline stations because the cans were unloaded at a mainline junction and often stood for hours on an open platform in the sun while awaiting a connexion.

After 1865-6 some railway companies realized that they could improve the efficiency of both their milk and passenger traffic by separating the two as far as possible. The G.W.R., for instance, put on several passenger services per day largely with the milk-run in mind. Stopping at every halt where a can or two of milk awaited transportation to London, these trains were very slow, and initially they received a low priority from the timetable planners in comparison with other mainline traffic. Only four trains a day carried milk to Paddington in 1867,²³ and it was not until more than 20 years later that the G.W.R. judged the moment expedient to run its first milk-only trains. From 1890, two special trains per weekday covered the 77 miles from Swindon Junction; by 1897 their aggregate daily journey of 154 miles had increased to 384, and by 1913 to 981.²⁴ These were express services and could only be justified, even from the dairy vales of Berkshire and Wiltshire, by focusing branchline traffic on Swindon.²⁵ By 1900 timetable concessions of this sort had become an important feature of the railway companies' policy.²⁶ Some milk specials were put on at periods of peak passenger traffic and were given priority over other trains in order to maintain average speeds of 30-40 m.p.h.; and on the G.W.R., the journey from Swindon Junction to London, which had at times taken over ten hours before 1865, was covered in less than two in 1902.²⁷

TABLE 3
Freight rates charged for milk by the G.W.R., 1852-1914 (price in d. per gallon)

Distance groups (miles)	1852	1865-75	1876-83	1883-92	Jan.-Feb. 1893	Mar. 1893-Mar. 1896	Mar. 1896-Jun. 1913	Jul. 1913-Mar. 1914
	0-20	0.75	1.00	1.10	1.17	0.83	0.75	0.50
21-40	0.75	1.00	1.10	1.17	1.08	1.00	0.75	0.79
41-50	1.75	1.00	1.10	1.17	1.08	1.00	1.00	1.04
51-70	1.75?	1.00	1.10	1.17	1.25	1.13	1.00	1.04
71-75	—	1.25	1.34	1.42	1.25	1.13	1.00	1.04
76-100	—	1.25	1.34	1.42	1.38	1.25	1.00	1.04
101-150	—	1.50	1.57	1.67	1.67	1.50	1.25	1.32
151-200	—	1.75	1.81	1.92	1.75	1.63	1.50	1.57
>201	—	2.00	2.04	2.17	1.75	1.63	1.50	1.57

Sources: B. Poole, *Statistics of British Commerce* (1852), 227; B.T.H.R. MT 1/67 and GW 4/33.

Third, the early extent of the 'milkshed' (the area from which milk was drawn) was partly limited by the great expense of sending milk further than 40 miles to London. In 1852, the freight rate of *1.75d.* (0.78p) per imperial gallon levied on distances of greater than 40 miles must have been a discouragement to the dairying districts served by the G.W.R. But in 1865-6, with the disruption of supplies caused by the rinderpest, the company recognized the scale of potential revenue to be gained from a railway milk traffic. Table 3 shows that the G.W.R. adjusted its rating policy accordingly, increasing the cost of sending a gallon from within 40 miles of London, but making possible a long-distance traffic by greatly reducing rates from beyond that stage.

Despite a rapid increase in the quantity of milk carried from the 1870s onwards, the railway companies constantly complained of the unprofitable nature of the trade and of its peculiar and costly characteristics. In 1876, for instance, the G.W.R. sought to offset its costs by imposing a blanket charge of *2d.* (0.84p) per empty can returned to the country, irrespective of the distance involved. Producers were of course hostile to additional charges of this sort, but they had little power to influence such matters until the last decade or so of the century when several regional associations of dairy farmers emerged as collective bargaining units, and when the British Dairy Farmers' Association became an important pressure group at the Board of Trade.

The companies on the whole resisted the clamour of producers and wholesalers for rate reductions, yet were reluctant to incur too much criticism by making direct increases. They preferred indirect means of raising their charges such as the general decision in 1883 to charge the traditional barn gallon measure (17 pints) as if it were two imperial gallons (16 pints), and the introduction by the G.E.R. in the early 1880s of a weekly labourage charge of *1s* (5p) per consignor of milk.²⁸ Meanwhile, discussions in the Railway Clearing House Committee about raising (1876, 1888) or lowering (1881) tariffs were inconclusive.²⁹

In January 1893 this piecemeal approach was abandoned in favour of a nationwide increase in freight charges. The decision came after a long and acrimonious debate about the rescheduling of an immensely complex and inefficient rating structure, and caused a furore amongst those farmers and industrialists affected.³⁰ In the event, milk suffered less than many other commodities, as the new G.W.R. rates in table 3 show; indeed, the trade enjoyed an

overall benefit from the subsequent reductions made in March 1893 and March 1896.

One important result of this debate about rates and charges in the 1880s and 1890s was that milk gained special status as the most important of perishable agricultural products carried by rail. A second result was that attempts by the companies to introduce a complex system of charging by the can or the ton-mile, and to impose handling dues known as 'station' and 'service terminals', were forestalled. Finally, still more significant was the establishment of the principle that producers could consign their milk 'at their own risk' for a considerable reduction in cost.

We may conclude that in the early decades of the trade the absence of suitable arrangements for special trains, the lack of timetable adjustments, and terminal handling facilities, and an inappropriate freight rate structure, were all factors in the slow growth of London's railway milk traffic. But it would be wrong to assume that the railway companies were wholly insensitive to the difficulties and needs of the dairy industry. The Midland Railway, for instance, rapidly increased its share of London's liquid milk supply by offering concessionary rates to the producers of Derbyshire. This was an important factor in the decline of cheese manufacture in that county in the 1870s and 1880s.³¹ Other companies such as the London, Brighton & South Coast Railway introduced special rates for milk sent from particular stations, or even for individual farmers, but this was largely a matter of bargaining. In the later nineteenth century it seems that railway managers were well aware of the delicate nature of profitability in the milk trade and the mutual damage which could be done by over-charging.

ADDITIONAL FACTORS IN THE EXPANSION OF THE RAILWAY MILK TRADE

The gradual removal of these technical constraints upon the transport of perishable agricultural commodities by rail did not, of course, represent a sufficient condition for the growth of the railway traffic. There were a number of other factors, both economic and psychological, which influenced the decisions of those farmers, dealers and consumers who were potential participants in the trade. In the following sections these factors will be considered under the broad headings of production, supply organization and consumption.

The producer

The financial circumstances and the attitude of the dairy farmer in the second half of the nineteenth century were important elements in his decision whether or not to produce liquid milk for the urban market opened up by the railways. Both were influenced by the medium-term fluctuations in prosperity epitomized by the so-called Great Agricultural Depression c. 1873-96, and by longer-term economic trends, such as the expansion of urban demand for food and competition from cheap imported foodstuffs.

Clayland arable farmers in counties such as Essex are generally thought to have suffered most from the consequences of the agricultural depression, but it should not be forgotten that in other parts of the country farm-based manufacturers of dairy produce were also seriously affected. Imported factory-produced cheese of standardized quality and competitive price undermined the market for anything less than the first quality English farmhouse varieties, especially after the dramatic fall in wholesale cheese prices in the years 1878-9 and during a period of more gradual decline from 1874 to 1898.³² This acted as a stimulus for many farmers to seek compensation in the relatively safe liquid milk trade, and was in effect a 'push' factor in the expansion of the country supply. Many of the early entrants into

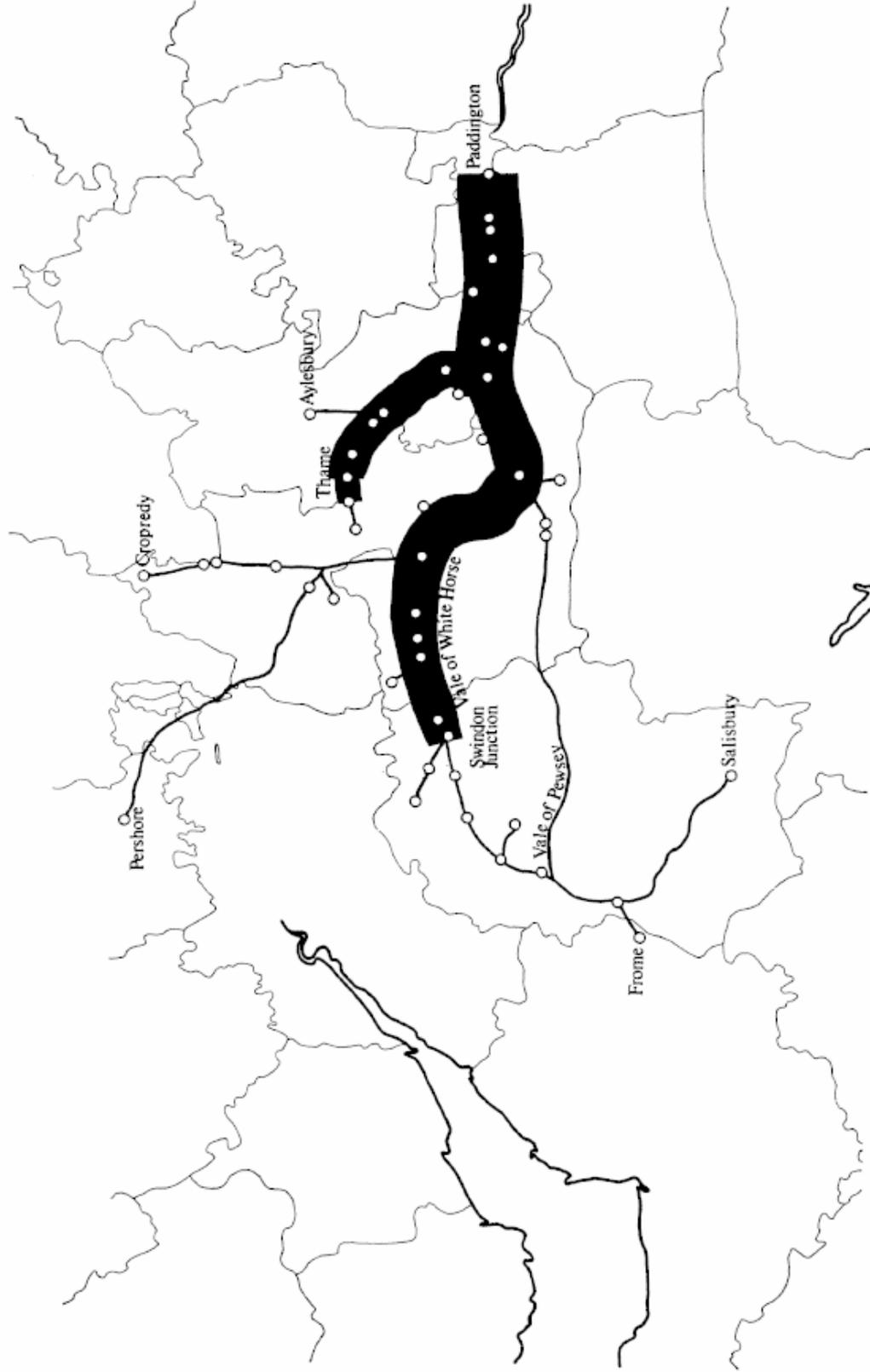
London's milk trade in the late 1870s and 1880s were therefore already dairy farmers for whom the re-orientation of their system would have meant nothing more unusual than seasonal calving, perhaps more intensive care of pastures, and the atrophy of a skill in manufacture which their womenfolk were anyway happy to lose. In addition, it seems that many mixed farmers must also have increased their emphasis upon milk output during this period, helped perhaps by the production of more home-grown fodder. The luxury of selling liquid milk was open only to those located within easy twice-daily reach of a railway station, but it did account for the rapid decline in the 1880s and 1890s of farmhouse cheese-making in the more accessible parts of Wiltshire, Derbyshire and Leicestershire. In particular, the clay soils of the Vale of White Horse in Berkshire, with their extension in Wiltshire from Swindon to Melksham, carried both pasture suited to grass-based dairying and a G.W.R. line with direct and rapid access to London. The area was therefore in the forefront of the movement toward liquid milk production for the London market from the 1860s (fig. I).

As far as capital was concerned, this new trade had the considerable advantage of rapid turnover, at a time when cheese-makers' investment was tied up in maturing stock for anything up to a year:

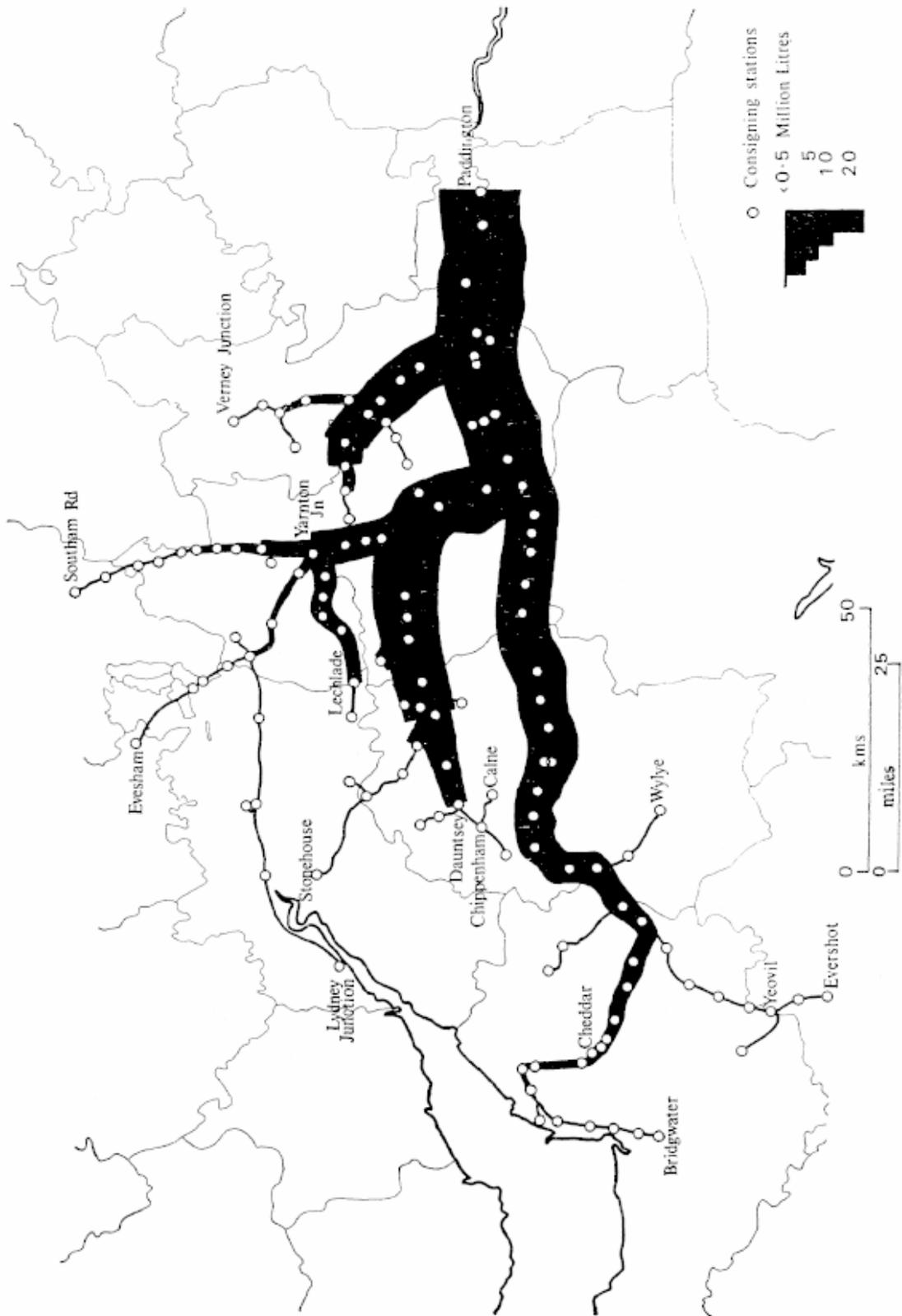
It was often stated to me by competent judges that, taking the value of the cheese and butter and of the pigs or calves, the returns are as large from cheese or butter-making as from milk selling, but that shortness of money predisposes the farmer towards the latter.³³

Liquid milk production was not inherently a more profitable enterprise than existing farming systems, as the falling wholesale price and oversupply of the 1880s and 1890s showed, but it did require less working capital. It was therefore attractive by comparison with, for example, the sheep and corn husbandry of southern Wiltshire, which was suffering from the effects of diminishing returns on the high investment that had been made in the 1860s and 1870s.³⁴ Nor were milk producers necessarily better farmers, but their cost-minimization was well adapted to the economic circumstances of the day.

These incentives were insufficient on their own to convince many farmers of the advantages of the milk trade over their traditional agricultural practice. In predominantly arable areas such a change would have required a psychological and technical leap of insurmountable proportions for land-owners and tenants alike. Restrictive clauses in leases had introduced a degree of inertia into farming systems in some parts of the country, although the adverse effects of the depression did bite into the resolve of landowners to maintain at all costs their previously successful practices.³⁵ In the event, other obstacles to change seem to have proved formidable. First, the lack of suitable farm buildings for zero-grazing or winter production was not easy to overcome when even the landowner's capital was fully stretched, and this discouraged the expansion of milk production on many farms and estates otherwise suitable in terms of environment and location.³⁶ Second, there was a lack of the necessary skill and experience in a branch of farming which in some districts had been considered of a technically and socially inferior status. The ploughing up of permanent pastures in the Napoleonic Wars had meant a decline in the dairying tradition of counties such as Suffolk which in the intervening period had not been recovered. In some arable areas farmers were ignorant of how to lay their land down to permanent grass,³⁷ while temporary leys seemed foreign and incomprehensible. But even in those parts of Dorset and Somerset where dairying had traditionally played an important part in the farm economy farmers were not easily drawn into milk production because they had been accustomed to let their dairy to a specialist



Cumulative flow maps showing the milk sent by rail to London on the G.W.R. network in 1870 (above) and in 1884 (below). (Source: B.T.H.R.: GW4/33 and 36.)



dairyman on an annual basis, and had not played an active part in its operation themselves.

It seems that such psychological and technical factors were at times sufficient to hinder change on all but the farms of new tenants. These were often men without a vested interest in the customs of the district, and without the desire to establish a position in society through their farming, but perhaps with the ear of a landowner desperate to let his land and therefore willing to provide new facilities for cowkeeping rather than see a farm abandoned.³⁸ The Ayrshire farmers who migrated to Essex in the 1880s and 1890s, bringing with them expertise in milk production and the use of temporary leys, are the best-known example of this agency of change;³⁹ but a similar process was observable with Scots and West Countrymen in Suffolk, Hertfordshire, Warwickshire and the east Midlands.⁴⁰ Their progress was based upon hard work, the use of family labour, and a disinclination to expend much effort upon maintenance such as hedging and ditching, or upon the costly cultivation of heavy land. Theirs was a relative and often short-lived success, however, because many of them did not understand the careful management necessary for clay soils, while others had to move frequently to avoid the consequences of the soil impoverishment they encouraged by selling hay and allowing their fields to become foul with weeds.⁴¹ Their most lasting achievement was in demonstrating to neighbours that new methods could be advantageous if properly adapted to local conditions.

In south Wiltshire, where dairying had been regarded as a poor substitute for sheep and corn, it also took the example of a new enterprise to demonstrate the advantages of the milk trade. This was less through newcomers to the district than by the individual efforts of S. W. Farmer and F. Stratton who by 1895 had built up a 2,300-acre empire in the Vale of Pewsey and on Salisbury Plain, where cattle had previously been 'universally banished from the district'. The cutting of costs in their case meant a lower output per unit area, but the sheer scale of the operation ensured an annual sale of over half a million gallons to London.⁴²

The wholesaler

In view of the increased separation of producer and consumer implied by the importation of country milk, one might have expected entrepreneurs to profit rapidly from the necessary logistical arrangements. But in the 1840s and early 1850s this does not seem to have happened, first because the distances involved were not great, and an initial personal contact between producer and retailer was therefore quite feasible, and second because much of the early railway milk was a speculative or accommodation supply, and there was therefore no need for the regularity of consignment associated with the contractual arrangements of later decades.

In the late 1850s and early 1860s the scale of London's railway milk traffic outgrew this informal arrangement; indeed, the increasingly chaotic nature of its organization probably retarded the rate of growth. Frauds were frequently committed by the itinerant milksellers, who at this time were the major purchasers of country milk, at the expense of inexperienced rural producers who had no power over the urban end of the transaction. In fact, as early as 1853, H. Evershed declared on behalf of farmers in Surrey that the new milk trade 'would answer well, were it not for the risk which attends the dealing with those parties, whose business is to receive milk and hawk it about the streets; which often renders it a troublesome and sometimes a profitless affair ... Some better organisation is demanded.'⁴³ It is no coincidence that the most rapid expansion was in milk brought to London on the E.C.R. by the one major wholesaling firm founded before 1860, Marriage & Impey, and by the producer retailer Collinson Hall. By 1865 they were reputedly handling between them about

20,000 gallons of country milk per week.⁴⁴

Before 1865 railway milk had been merely a supplement to urban production. But during the disruption caused by the Cattle Plague the country areas became a vital source of supply for the London market. The desire of the urban cowkeepers to keep their customers satisfied meant that their reliance upon country milk increased to the point where some at least decided to abandon production altogether in favour of wholesaling. The effect of events in 1865-6 was psychological as well as financial in that it forced acceptance of the idea that country milk *could* meet urban demand, a notion which a few years earlier had seemed inconceivable. This new attitude was partly fostered in subsequent years by an increasing number of wholesalers who had once been cowkeepers or retailers and who saw in the structural changes of the 1860s and 1870s a rare opportunity to exploit a new niche in a trade with which they were already familiar.

After 1868 the new-found regularity of demand for large quantities of country milk meant that it was to the mutual advantage of the farmer and middleman for an agreement to be reached about the nature of their arrangement. This frequently took the form of a fixed-period contract in which the farmer undertook to send either the whole of his daily production of milk on a 'whole dairy contract', or a pre-arranged quantity of milk each day on a 'level dairy contract'.

These contracts were usually made on a six-monthly basis, with the price per gallon for the whole period agreed in advance.⁴⁵ Prices therefore tended to fluctuate at half yearly intervals if the balance of the demand-supply equation was upset, for instance by the vagaries of the weather. The most serious threats to the equilibrium of the system came when exceptionally favourable seasons in the mid-1880s led to a persistent glut, and in 1893 when shortages of fodder, and therefore of milk, caused panic buying of accommodation supplies at inflated prices. On the whole the growth in the quantity of liquid milk produced for the London market from the mid-1870s to the early 1890s seems to have out-paced the expansion of demand. This made it a buyers' market, and the producers' price declined accordingly. In fact, until the formation of Dairy Farmers' Associations in the 1890s, the bargaining advantage always lay with the wholesaler, who, based as he usually was in London, was therefore more likely to have a comprehensive knowledge of market trends than the individual producer.

By 1890 there were several thousand farmers sending their milk by rail to 20 or 30 middlemen in London, who in turn made it available to some 2,400 retail dairymen. The wholesaler was an essential link, and without him it is doubtful if the railway traffic could have developed to the extent that it did in the late nineteenth and early twentieth centuries. Several wholesale functions were important in this respect.

First, the balancing of supply to meet demand was the particular responsibility of the middleman. On a long-term basis this could be achieved by the arrangement of level dairy contracts, or by the establishment in dairy areas of manufacturing depots which could meet day-to-day and seasonal fluctuations in demand.⁴⁶ In the short term, and especially in the early decades when urban dealers had no country plant, the onus was often thrown on the unsuspecting supplier. It was not unusual for him to receive a message by telegraph to suspend shipment for a day or two; or simply for the wholesaler to hold on to the empty cans so that no more milk could be sent.

Second, the wholesale sector of the trade was responsible for a considerable improvement in the 'keeping' quality of country milk. Several of the independent wholesalers, along with integrated dairy companies such as the Aylesbury Dairy Co., insisted on the use of clean milking methods and refrigeration. This denied access to and hence retarded the growth of bacteria in the milk, and therefore improved its chance of arriving in London in a condition fit for consumption throughout the summer. A further consequence was that milk could be drawn from further afield. In the early twentieth century a related development was the use of heat treatment, either in country depots or in London; this became essential with the official disapproval of chemical additives after 1901.

Third, dealers who wished to expand their turnover sought additional producers willing to sell their liquid milk.⁴⁷ In this way they were instrumental in the expansion of the milkshed into previously untapped areas. Supplies in the winter contract period were especially difficult to find because farmers in grass-based dairying districts produced their greatest flush of milk in the spring and early summer; urban demand did not fluctuate in parallel, and in order to ensure a steady flow wholesalers therefore had to pay up to 30 per cent more for milk in the six months after Michaelmas. This encouraged production in areas where fodder costs in winter were otherwise considered too high, and made it feasible to send milk further by railway during this contract period because the greater margin more than covered additional transportation costs. In the 1870s and 1880s there developed as a result a distinct oscillation of the milkshed with the seasons, and on the G.W.R. network in parts of Somerset and Gloucestershire some districts manufactured their spring milk into butter, cheese and cream, and sent their winter milk to London. Another important factor, of course, was the longer life of milk produced and transported in cold weather.

The consumer

The condition, or apparent condition, of the milk delivered to households in London had a great bearing upon the consumers' willingness to repeat the purchase. Sourness was a complaint frequently heard about the pre-1865 country supply which came largely from Essex. This was partly because a scarcity of ground water in that county meant that the cooling of cans in a stream or pond was rarely possible; mechanical refrigerators had yet to become generally available. Railway milk in fact came to acquire an unfortunate reputation among those more discerning consumers who could afford to ignore its relatively moderate retail price. In 1854 a typical remark was that 'it will not keep nearly so long as the indigenous produce of the metropolitan dairies',⁴⁸ and in 1874 that 'town-produced milk is richer and more wholesome'.⁴⁹ Suspicious retail customers preferred to pay $\frac{1}{2}$ - $\frac{3}{4}$ d. (0.21-0.32p) more per quart for the urban produced article,⁵⁰ and railway milk had the notoriety, which lasted until the mid 1870s, of being a poor man's beverage.⁵¹

The gradual amelioration in the poor conditions of transport and the increased use of methods of preservation led to an improvement in the average quality of the country supply. This, coupled with the better 'image' of milk after the enforcement of the 1875 anti-adulteration legislation, and a gradual increase in the real wages of income groups that had previously regarded it as a luxury food, was instrumental in a rapid expansion in the demand for milk in London (table 4). One example of this were the middleclass customers of the Aylesbury Dairy Co., who on average bought 11.67 gallons per head in 1876, and 23.86 gallons in 1902.⁵² Such a rapid growth in the market in the late nineteenth century, was an important 'pull' factor, especially at a time when the intra-urban production of London's cowkeepers was steadily declining in the face of rising costs and other pressures.

TABLE 4

The demand for milk in London, 1850-1910 (annual consumption, in gallons per head)

	Genuine milk	Decennial growth rate (per cent)	With allowance for adulteration	Decennial growth rate (per cent)
1850	6.75	—	9.02	—
1860	6.62	-1.9	8.82	-2.2
1870	6.53	-1.4	8.71	-1.2
1880	9.35	+43.3	9.81	+12.6
1890	12.10	+29.4	12.41	+26.5
1900	15.07	+24.5	15.31	+23.4
1910	18.99	+26.0	19.16	+25.1

Note: The problems encountered in compiling this table, along with the sources used, are discussed in the author's doctoral thesis (Appendix 3).

CONCLUSION

The growth of country milk importation into London was a complex process. In this paper it has been possible to identify a number of stimuli to change; and these have included not only active factors such as the use of methods of preservation, or the more efficient organization introduced by the wholesale trade, but also influences which must be described as passive, such as the gradual erosion by technical change of hindrances to growth. Yet unravelling the Gordian knot of cause and effect is exceptionally difficult in circumstances where the necessary and sufficient conditions of change, whether social, economic, or purely technological, cannot easily be distinguished.

Two hypotheses concerning the nature of trade evolution may be advanced. First, it may be argued that variations in the operation of the factors described fell into two distinct periods. Before about 1865 the trade grew slowly and was restricted both in its geographical extent and its mode of organization; after this its growth accelerated and the trade structure was transformed to the extent that it was possible to supply a demand much larger than the urban cowsheds had ever been called upon to meet. The discontinuity between these periods was, however, ill-defined. David Taylor has argued that elements of the mature trade were visible before 1865,⁵³ while other writers have accorded a great significance to the Cattle Plague of 1865-6 which forced the large scale importation of long-distance railway milk for the first time.⁵⁴ We may view this latter incident as merely one catalyst in a fundamental process of change not brought to fruition until the 1870s, when the milkshed began to expand rapidly into areas of dairy manufacture. The trade 'looked' very different in the 1880s in its structure and its potential, and several crucial developments unfolded between 1875 and 1885. Intra-urban production declined inexorably, thus eliminating one element of competition; there was a rise in demand due to an improvement in real wages and in the public 'image' of liquid milk as a beverage; a crisis in the supply situation was caused by a reduction in the incidence of adulteration; agricultural prosperity was threatened by unfavourable seasons and the importation of cheap food; methods of prolonging the life of new milk were first used on a wide scale; and wholesale and integrated dairy companies strengthened the hold on the supply organization they had begun to develop in the 1860s. Each of these changes was important in its own right, and the difficulty lies in assessing their relative individual and collective impact upon system-redirected. What can be asserted most confidently is that monocausal or genetic explanations would be inappropriate in this context; a combination of circumstances, both fortuitous and functionally related, was responsible for a rapid and

radical change in the nature of London's milk trade. This undoubtedly amounted to a 'revolution' in supply structure, with railway milk playing a key role. An aim of future research will be the comparison of these changes with the circumstances in other cities in Britain and Europe to ascertain if generalizations can be made about their common characteristics.

A second hypothesis concerns the nature of the variables themselves. It seems likely that the direction, nature and pace of change were moulded not only by the positive thrust of innovation and technological development, but also by the passive attitude of many fanners to the prevailing economic climate, and by a gradual erosion of economic, psychological and other barriers to change. In other words, factors such as the 'pull' of urban demand and the availability of coolers and chemical preservatives were important stimuli for change, but that change was itself only possible as other constraints were lifted. Rural suppliers had continued to find their dairy manufacturing or other agricultural activities more profitable than liquid milk production, it is conceivable that London's railway trade would have remained limited in volume and geographical extent well into the late nineteenth century. Inertia would then have helped prolong intra-urban cowkeeping, even though it was troubled by rising costs and the hostility of the public. To use an anachronistic metaphor, one may view the evolution of the milk trade as much in terms of the removal of pressure from the brake pedal as its application to the accelerator.

By 1914 the railways were providing London with upward of 96 per cent of her liquid milk supply.⁵⁵ The 'milkshed' was extended from about 10 miles before 1840, to 20-25 miles in 1860, and to 200 miles by 1900, and the centre of gravity of production had shifted quite dramatically in the intervening years. The last foodstuff in which the capital city had been self-sufficient had therefore entered the national transportation system, although considerably later than might have been expected in view of the availability of railway freight movement since the late 1830s. This meant a reduction in the tyranny of distance as the main factor in the location of production, in favour of a degree of specialization by environmentally suited dairying districts. The changes which had taken place in this period were quite remarkable; they were responsible for the growth of perhaps the most highly organized marketing system available to any foodstuff in late nineteenth-century Britain, which Charles Knight described decades before as 'one of the most beautiful combinations of industry we have'.⁵⁶

NOTES

1. For an assessment of the early progress of London's commissariat see F.J. Fisher, 'The development of the London food market. 1540-1640', *Economic History Review*, V (1935), 46-64.
2. P.J. Atkins, 'London's intra-urban milk supply, circa 1790-1914', *Transactions of the Institute of British Geographers*, new. ser., II (1977), 383-99.
3. *Railway Chronicle* (30 May 1846), 533.
4. G. R. Porter, 'On a comparative statement of prices and wages during the years from 1842-1849', *Journal of the Statistical Society of London*, XIII (1850), 215.
5. M. M. Milburn, *The Cow: Dairy Husbandry and Cattle Breeding* (1851), 70.
6. J. C. Clutterbuck, 'On the farming of Middlesex', *Journal of the Royal Agricultural Society*, 2nd ser., v (1869), 24.
7. O. Veltom, 'The working of the parcels traffic', *Proceedings of the Great Western Railway Lecture and Debating Society*, item 12 (1904-5), 5.
8. *Dairyman*, II (1878), 206.

9. H.J. Dyos and D.H. Aldcroft, *British Transport; an Economic Survey from the Seventeenth Century to the Twentieth* (1969). 215.
10. The cost of a six-wheeled milk truck was £235 in 1893 and £299 in 1913: Public Record Office, British Transport Commission Historical Records (hereafter B.T.H.R.): MT1/67.
11. B.T.H.R.: G.E.R.. *Reports and Accounts*.
12. A full account of the types of wagon used by the various railway companies is incorporated in their replies to a questionnaire circulated on 1900: Report of the Departmental Committee ... into the Use of Preservatives and Colouring Matters in ... Food, P.P. 1902 (Cd 833), XXXIV. 989-92.
13. J. P. Sheldon. *Dairy Farming* (1879), 342; G. Murray, 'Report on the trial of dairy implements and machinery at Bristol', *Journal of the Royal Agricultural Society*, 2nd ser., XV (1879), 137.
14. A full can weighed about 230 lb.
15. C. G. Roberts, 'Reports on trials of implements at Cardiff', *Journal of the Royal Agricultural Society*, 2nd ser., VIII (1872), 477.
16. G. Barham, 'The milk trade', in J. P. Sheldon, *The Farm and the Dairy* (1889), 128.
17. H. Swithinbank and G. Newman, *The Bacteriology of Milk* (1903), 481-4 and 581.
18. R. H. Wallace, *The Adulteration of Dairy Produce* (1898).
19. P.P. 1902 (Cd 833) XXXIV, 751, Q.3928.
20. *Ibid.*, 733. Q.3447.
21. This impeded the growth of a country milk trade because of the additional cost of road transport from the suburbs. Waterloo Road Station (L.S.W.R.) was opened in 1848, King's Cross (G.N.R.) in 1852, and St Pancras (M.R.) in 1868.
22. A.A. Jackson, *London's Termini* (1969), 315.
23. Arriving at 04.30 12.30 21.30 and 23.10 hours: A. Wood, in evidence to the Milk Committee of the Society of Arts *Journal of the Society of Arts*, XV (1867), 324.
24. A further 120miles were run by passenger trains put on primarily to give a milk service: B.T.H.R.: MT1/67.
25. As late as 1914 one-third of the G.W.R.'s milk traffic had to change trains at least once before reaching London: B.T.H.R.: MT1/67.
26. Concessions such as Sunday services on branch-lines were long delayed. It was as late as 1900 that the G.W.R. at last agreed to make arrangements on the branches to Calne, Malmcsbury, Highworth and Fairford: P.P. 1902 (Cd 833) XXXIV. 990.
27. The fastest special from Swindon to London completed the journey in 95 minutes, at an average speed of nearly 50 m.p.h.: P.P. 1902 (Cd 833) XXXIV. 990.
28. B.T.H.R.: R.C.H. 1/118: The Railway Clearing House Superintendents' Conference, minute 5064; P. A. Graham, *The Revival of British Agriculture* (1899), 26.
29. B.T.H.R.: K.C.H.1/117, 118and RAIL 256/61.
30. P. J. Cain. 'Traders versus railways: the genesis of the Railway and Canal Traffic Act of 1894', *Journal of Transport History*, new ser., II (1973), 65-84; *idem*, 'Railways and price discrimination: the case of agriculture, 1880-1914', *Business History*, XVIII (1976), 190-204.
31. In the 1880s the M.R.'s rate from Derby was under 1d. (0.42p) per gallon as against their standard charge of 2½d. (0.98p) for that distance (128 miles): *Cowkeeper and Dairyman's Journal*, II (1881), 116-17; Report from the Select Committee ... into the Charges of Railway Companies ... , P.P. 1881 (374) XIII. 502, Q.11,019.
32. D. Taylor 'The development of English Dairy farming, 1800-1930' (unpublished D.Phil, thesis. University of Oxford, 1971), Ch. 4.
33. A. Spencer, *Report on Selected Districts in the Counties of Oxford, Gloucester, Wiltshire and Berkshire, and on the Neighbourhood of Taunton, Somerset* (1895), 11. (This report

was prepared for the Royal Commission on the Agricultural Depression, but was not published as a Parliamentary Paper.)

34. F. M. L. Thompson, 'Agriculture since 1870', in E. Crittall (ed.) *Victoria County History, Wiltshire*, IV (1959), 94.
35. Even so some landowners were unenthusiastic about their tenants entering the milk trade: 'A large landowner in the neighbourhood of Trowbridge, where farms are easy to let and there is no difficulty of finding good tenants, told me that in letting his farms he always refused to take any tenant who proposes to sell milk, and insists on all his tenants being cheese or butter makers, as he considers that the land is exhausted by milk selling': Spencer, *op. cit.*, 11.
36. One writer commented that 'the principal obstacle which at present impedes the progress of improved dairy husbandry is the want of adequate buildings': Murray, *op.cit.*, 136; J. A. Smith of the Akenham Dairy Co. thought that in Suffolk 'generally the accommodation for dairying is wretched in the extreme and very discouraging to farmers': quoted by W. Fox, *Assistant Commissioner's Report on Suffolk to the Royal Commission on the Agricultural Depression*, P.P. 1895 (C7755) XVI, 695.
37. Fox, *op. cit.*, 743; R. H. Pringle, *The Ongar, Chelmsford, Maldon and Braintree Districts of Essex*, P.P. 1894 (C7374) XVI (I), 267.
38. On one estate in Essex, for instance, thousands of pounds were spent in the 1880s to meet the requirements of incoming tenants intending to produce milk: *Report of Mr F.J. Coverdale upon the Agricultural Depression as Affecting the Thorndon Estate in the County of Essex* (1893), Essex Record Office: D/DP E17.
39. P. McConnell, 'Experiences of a Scotsman on the Essex Clays', *Journal of the Royal Agricultural Society*, 3rd ser., II (1891), 311-25; Pringle, *op.cit.*, 249-52.
40. Fox, *op.cit.*, 746-52; J. Turner, *Frome and Stratford-upon-Avon*, P.P. 1894 (C7372) XVI (I), 81; A. Spencer, *The Vale of Aylesbury and Hertfordshire*, P.P. 1895 (C7691) XVI, 86-7; R. H. Pringle, *Counties of Bedford, Huntingdon and Northampton*, P.P. 1895 (C7842) XVII, 24,42-3.
41. Pringle (1894), *op.cit.*, 251 and 263; Fox, *op.cit.*, 747 and 750.
42. R. H. Rew, *Salisbury Plain District of Wiltshire*, P.P. 1895 (C7624) XVI, 482; Thompson, *op.cit.*, 106-7.
43. H. Evershed, 'On the farming of Surrey', *Journal of the Royal Agricultural Society*, 1st ser., XIV (1853), 402.
44. J. C. Morton, 'On London milk', *Journal of the Society of Arts*, XIV (1865), 66.
45. Lady Day and Michaelmas were the usual dates for commencement.
46. The first wholesale milk depot for the London trade was founded at Semley, Dorset, in 1871: M. Saunders, 'Dairy products', in Crittall, *op.cit.*, 227.
47. For a brief account of George Barham's soliciting of supplies for the Express County Milk Co. see N. Morgan, *Express Journey, 1864-1964: a Centenary History of the Express Dairy Co. Ltd* (1964), 16.
48. [A. Wynter] 'The London commissariat', *Quarterly Review*, CXC (1854), 293.
49. *Report from the Select Committee ... into the Adulteration of Food Act, 1872*, P.P. 1874 (262) VI, 399, Q.2673.
50. Morton, *op.cit.*, 73.
51. A. E. Baxter, 'Milksellers', in C. Booth (ed.). *Life and Labour of the People in London*, VII (1896), 173.
52. *Dairyman*, IV (1876), 40; P.P. 1902 (Cd 833) XXXIV, 815, QQ.5841, 5848.
53. D. Taylor 'London's milk supply, 1850-1900: a re-interpretation', *Agricultural History*, XLV (1971), 33-8.

54. E. R. Duldike, 'The economic geography of die milk supply of London' (unpublished M.A. thesis, University of London, 1937); F. A. Barnes, 'The evolution of the salient patterns of milk production and distribution in England and Wales', *Transactions of the Institute of British Geographers*, XV (1958), 167-95; E. H. Whetham, 'The London milk trade, 1860-1900', *Economic History Review*, 2nd ser.. XVII (1964), 369-80; G. E. Fussell, *The English Dairy Farmer, 1500-1900* (1966), Ch. 6.
55. Excluding condensed and separated milks.
56. C. Knight, *London*, I (1841), 137.